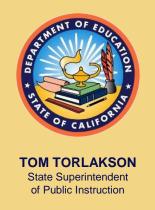


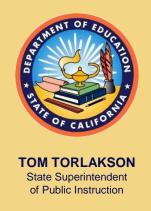
2013 Assessment and Accountability Informational Meeting

Physical Fitness Test (PFT) Program Update



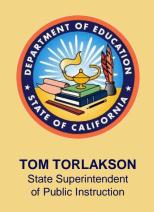
Presentation Overview

- 2012–13 Update
- What's New for 2013–14
- Related Updates
- Resources and Training Materials
- Contacts



2012–13 PFT Update

- San Joaquin County Office of Education, the state PFT contractor, received PFT data from approximately 97 percent of the local educational agencies (LEAs) accounting for approximately 97 percent of the students enrolled in grades five, seven, and nine.
- 2013 error rate is less than a 0.1 percentage point, and the warning rate is less than 2.6 percentage points.

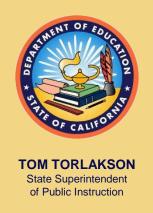


2012–13 PFT Update

- PFT annual release date is to be determined.
- Summary and individual student score reports and final DataQuest files will be posted after the annual release.
- Individual Student Reports (ISRs) will be available individually or in batch PDF format.
 - ISRs are batched by school in increments of 250 students.



- Changes to FITNESSGRAM[®]
 - Body Mass Index (BMI) test Healthy Fitness
 Zones (HFZs) have been updated.
 - BMI is calculated from a student's height and weight.
 - HFZ standards are now aligned with standards used by the Centers for Disease Control and Prevention.
 - For more information about the changes to the BMI standards, go to CDE PFT Administrative Documents Web page at http://www.cde.ca.gov/ta/tg/pf/healthfitzones.asp.



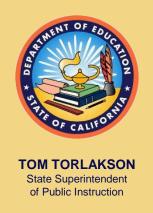
- Progressive Cardiovascular Endurance Run (PACER) test VO₂max formula has been revised.
 - New PACER formula does not require BMI to calculate VO₂max for students.
 - FITNESSGRAM® will also provide a look-up tables for the PACER.
 - A Revised PFT BMI and VO₂max calculator with HFZ will be available soon.



- Changes to Student Data File Layout
 - Participation Level and Reason for Participation Level fields are no longer required fields and have been renamed as "Filler" in the layout.
 - These fields should be left blank in order to maintain the correct file layout.
 - If data for these two fields are included in the file, the data in those fields will not be used.
 - The Participation Level will be calculated during the scoring process and reported in the scored file.
 - The Reason for Participation Level will no longer be collected nor reported.

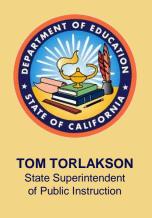


- Online PFT Coordinator Designation Form is now available.
 - 2012–13 passwords were disabled on September 16, 2013.
 - 2013–14 forms should be submitted and approved by November 1, 2013.
- PFT data submission through PFT district portal will be available on February 1, 2014.
 - Data entry, data upload, and enhanced data upload will be located under Data Submission tab.



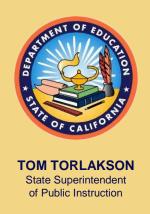
Timeline for 2014

Feb. 1–	 Testing window open
May 31	 Data submission site open
June 30	 Data submission deadline
	 Web-data entry disabled
	 Web-data upload closed
July 5	 Preliminary scored student file available for download (P1)
	 Web-data upload reopens
	 Data correction window opens



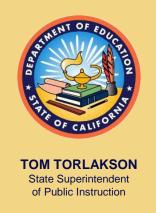
Timeline for 2014

July 30	 Preview DataQuest summary reports
Aug. 31	DataQuest preview site closesData correction window closes
Sept. 1	 2014–15 PFT Coordinator Designation Form available 2013–14 passwords disabled



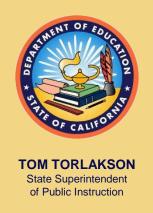
Timeline for 2014

Oct. (TBD)	•	Annual release
	•	Final scored student data file (P2) available for download
	•	Summary and individual score reports available from District Portal



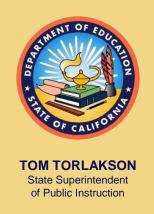
PFT-Related Updates

- Assembly Bill (AB) 484 and the PFT
 - AB 484 does not suspend the administration of the PFT mandated in *Education Code* Section 60800.
- Team California for Healthy Kids
 - Information from the CDE can be found on its Team California for Healthy Kids Web page at http://www.cde.ca.gov/eo/in/tchk.asp.
 - More information and ideas can found on the Team California for Healthy Kids Web page at http://www.teamcaliforniaforhealthykids.org/.



The links to the following resources are located on the CDE PFT Web page under Program Resources at http://www.cde.ca.gov/ta/tg/pf/:

- Healthy Fitness Zone® Charts
 - Provide the performance standards (organized by gender and age) and are established by The Cooper Institute.
- FITNESSGRAM® Equipment and Test Option
 - Is a graphic organizer providing a quick overview of the PFT including equipment needed to administer tests.



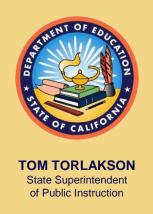
The links to the following resources are also located on the CDE PFT Web page under Program Resources at http://www.cde.ca.gov/ta/tg/pf/:

- PFT Resources
 - -Provides a list of resources for LEAs, and LEA staff including contacts for CDE, *FITNESSGRAM*[®], and PFT vendor services and systems.
- Understanding the 2013–14 PFT: Resource and Reference Web page – coming soon
 - -Provides variety of resources to communicate with different audiences including brochures, a newsletter, frequently asked questions, and a sample results letter.



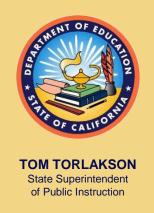
Links to the following resources are included on the California PFT Web page at https://pftdata.org/index.aspx:

- Student data file layout
- •PFT Reference Guide coming soon
- PFT Coordinator Manual coming soon
- Excel Template coming soon



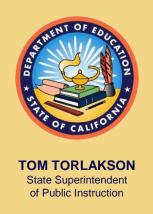
Additional resources include:

- •Revised BMI and VO₂max calculator with Healthy Fitness Zones® coming soon
- FITNESSGRAM® look-up tables coming soon
- PFT Help Desk FAQs
 - https://pftdata.org/index.aspx



2013–14 Training Materials

- PFT Overview Module
 - https://pftdata.org/training.aspx
- Administration Videos and Data Submission/Correction Modules
 - https://pftdata.org/training.aspx
- FITNESSGRAM® Training by The Cooper Institute
 - http://www.fitnessgram.net/training/



Contacts

High School and Physical Fitness Assessment Office

Phone: 916-449-9449

E-mail: pft@cde.ca.gov

Physical Education Curriculum

Michael Lee

Education Programs Consultant Professional Learning Support Division

Phone: 916-323-5798

E-mail: mlee@cde.ca.gov

PFT Help Desk

San Joaquin County Office of Education

Phone: 888-852-9681

E-mail: pftdata@sjcoe.net (e-mails preferred)